

The **WISH** project aims to bring people who feel low or lonely together to provide:

support; activities; build friendships; develop conversations and ideas.

Giving you a voice and personal choice.

All welcome

Meetings to be held on the **second** and **fourth Mondays** of the month **between 2:00 and 4:00 pm** in the Day Centre, London Road, Halesworth.

Telephone **01986 875600**

